DOCUMENT RESUME

ED 471 990 CG 035 429

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TITLE	Bullying: Effective Strategies for Long-Term Improvement. School Concerns Series.
ISBN	ISBN-0-415-23093-4
PUB DATE	2002-09-01
NOTE	232p.
AVAILABLE FROM	RoutledgeFalmer, 29 West 35th Street, New York, NY 10001-2200. Tel: 212-216-7800; Fax: 212-643-1430; Web site: http://www.routledgefalmer.com.
PUB TYPE	Books (010) -- Reports - Descriptive (141)
EDRS PRICE	Document Not Available From EDRS.
DESCRIPTORS	Aggression; *Bullying; Educational Environment; Educational Research; Elementary Secondary Education; School Culture; Social Bias; Student Behavior
IDENTIFIERS	*Victimization

ABSTRACT

This book focuses on issues related to bullying in school, offering guidance on how to deal successfully with the problem long-term. Based on 10 years of research on bullying, the book examines how bullying begins, the impact of bullying on the victimized child, and how the extent of bullying in schools can be reliably measured and assessed. It explains how to set up anti-bullying initiatives that will maintain their effectiveness over the years. The complexity of the bullying process is emphasized throughout, noting actions that can be taken to substantially reduce bullying over time. There are 9 chapters in two parts. Part 1, "Understanding Bullying," includes (1) "The Emergence of Bullying," (2) "The Social Basis of Bullying," (3) "How Much Bullying? Assessment and Measurement," and (4) "The Experiences of Those Who are Bullied." Part 2, "Towards Effective Intervention," includes (5) "Changing Cultures," (6) "Managing the Anti-Bullying Project in School," (7) "Preventing and Responding to Bullying Behavior," (8) "Researching Bullying: Where are We Now?" and (9) "Conclusions: The Limits of Current Knowledge." An appendix presents a checklist for measuring bullying in school. (Contains approximately 230 references.) (SM)

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